



Epicurean Ethics

How to achieve peace of mind, inner calm and security.

Stranger, here you
will live well.

Here pleasure is the
highest good.



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School of
Athens
1509
Raphael





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LETTER TO MENOECEUS

- Don't fear death
 - Master your desires
 - Live wisely
-
- Friendship
 - Ethic of Reciprocity



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LETTER TO MENOECEUS

"When we say that pleasure is the goal, we do not mean the pleasure of debauchery or sensuality. Despite whatever may be said by those who misunderstand, disagree with, or deliberately slander our teachings, the goal we seek is this: freedom from pain in the body and freedom from turmoil of the soul."

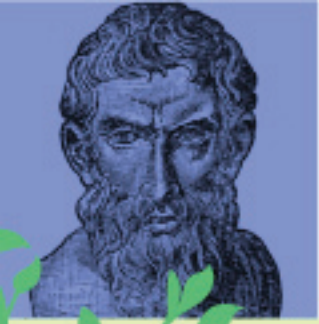


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“Prudence is the art of practical wisdom. It teaches us that it is not possible to live pleasurable unless one also lives prudently, honorably, and justly.”



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Neither to harm nor be harmed.
The Good Samaritan Parable.
The Golden Rule.



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"Let no one hesitate to study philosophy while young, and let no one tire of it when old, for it is never too soon nor too late to devote oneself to the well-being of the soul.

...both the young and the old should study so that, while old, one may still be young with all the joy he has gathered from the past; and while young, one may at the same time be old through fearlessness of the future."